## HOLY CROSS COLLEGE (AUTONOMOUS)

(Affiliated to M.S. University, Tirunelveli)

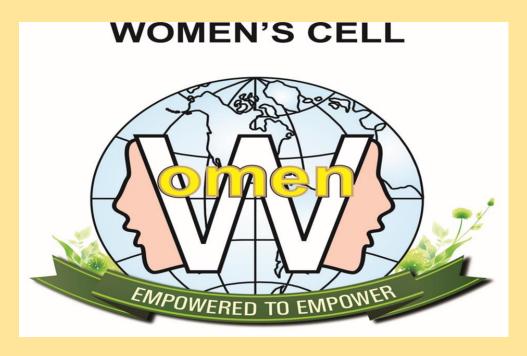
Accredited with A+ Grade (CGPA 3.35 - 4th Cycle) by NAAC

Nagercoil - 629 004, Tamil Nadu, India



(2019 - 2020)

**ANNUAL REPORT** 



## 2019-2020

**Title of the Programme**: Preparation of action plan

**Date** : 08/08/2019

Organized by : Women Cell

**Theme/ Objective**: To discuss the activities of the Women cell

Outcome of the Activity : Realised the need of the hour and planned accordingly

**Impact of the activity**: Helped to understand the things to be done

**Number of the Beneficiaries:** 4

Venue : Principal's office



**Title of the Programme**: Demo on Paper Bag Making

**Date** : 20/8/2019

Organized by : Women Cell

**Theme/ Objective** : To make the students understand the method of

making paper bags

Outcome of the Activity : Students are able to make paper bags for their need

**Impact of the activity** : Created confidence in making paper bags

**Number of the Beneficiaries:** 100

Venue : Sr. Cecile Hall



**Title of the Programme**: Awareness programme on Breast Feeding

**Date** : 26/8/2019

Organized by : Women Cell

Theme/ Objective : To create awareness about breast feeding

Outcome of the Activity : Made aware of the benefits of breast feeding

**Impact of the activity**: Realised the importance of breast feeding

Number of the Beneficiaries: 120

Venue : Cecile Hall



**Title of the Programme**: Celebration of World Women's Health Week –

Awareness Rally

**Date** : 4/9/2019

Organized by : Women Cell

**Theme/ Objective**: To create an awareness among the local women folk in

maintaining their personal health and hygiene

Outcome of the Activity : Created awareness in maintaining personal health among

women

**Impact of the activity**: Realised the importance of maintaining health

Number of the Beneficiaries: 500

**Venue** : College to Ramanputhoor



**Title of the Programme**: Orientation Programme on "How to be a Successful

Woman?"

**Date** : 12/9/2019

Organized by : Women Cell

**Theme/ Objective** : To empower young women

Outcome of the Activity : Motivated to achieve in life

**Impact of the activity**: Realised the blockades in the path of women towards

success.

**Number of the Beneficiaries:** 105

Venue : Cecile Hall



**Title of the Programme**: One Day National Seminar on "Trials and Triumphs-

A Feministic Perspective"

**Date** : 23/9/2019

Organized by : Women Cell

**Theme/ Objective**: To help students overcome the trials and triumphs in life.

Outcome of the Activity : Understood the legal help that they can opted for at times

of emergency

**Impact of the activity** : Got appraised of the challenges of modern women

Number of the Beneficiaries: 125

Venue : Cecile Hall



**Title of the Programme**: Talk on "Gender Sensitization"

**Date** : 26/9/2019

Organized by : Women Cell

**Theme/ Objective**: To realize the gender discrimination prevalent in the

society and the measures to overcome them

**Outcome of the Activity**: Understood the ways to overcome problems related to

gender discrimination

**Impact of the activity** : Realized the importance of equality in society

Number of the Beneficiaries: 102

Venue : Cecile hall



**Title of the Programme** : Talk on "Importance of Yoga"

**Date** : 09/10/2019

Organized by : Women Cell

Theme/ Objective : To realize the importance of practicing yoga and also the

health benefits

Outcome of the Activity : Realized the significance of yoga in day today life.

**Impact of the activity** : Understood the importance of healthy life

**Number of the Beneficiaries:** 80

Venue : Seminar Hall



**Title of the Programme** : Competitions – National Girl child day

**Date** : 23/01/2020

Organized by : Women Cell

**Theme/ Objective** : To understand the importance of girl child

Outcome of the Activity : Realised the role of a girl child in the society

**Impact of the activity** : Enthusiastically participated and won prizes

**Number of the Beneficiaries:** 58

Venue : Cecile Hall

**Title of the Programme**: Celebration of National Girl Child Day

**Date** : 24/01/2020

Organized by : Women Cell

**Theme/ Objective** : To understand the importance of girl child

Outcome of the Activity : Realised the worth of girl child

**Impact of the activity**: Empowered to be successful in life

Number of the Beneficiaries: 123

Venue: Multipurpose Hall



**Title of the Programme**: "Talk show" to bring out the oratorical skills

**Date** : 29/01/2020

Organized by : Women Cell

**Theme/ Objective**: To bring out the oratorical skills of our students

**Outcome of the Activity**: Motivated to speak in public meetings

**Impact of the activity** : Created enthusiasm to speak well

**Number of the Beneficiaries:** 82

**Venue** : Room No: 64



**Title of the Programme**: Two Days National Seminar on "Cybercrime and

Preventive Measures"

**Date** : 10/02/2020 & 11/02/2024

Organized by : Women Cell Sponsored by the National Commission for Women,

New Delhi

**Theme/ Objective** : To empower women

Outcome of the Activity : Created awareness and empowered women

**Impact of the activity**: Motivated to be strong and confident in life

**Number of the Beneficiaries:** 486

**Venue** : Multipurpose Hall



**Title of the Programme**: Competitions - "International women's Day"

**Date** : 17/02/2020

Organized by : Women cell

**Theme/ Objective**: To bring out the hidden talents

Outcome of the Activity : Created awareness and the thirst to achieve in life

**Impact of the activity** : Brought healthy relationship and competing skills

**Number of the Beneficiaries:** 63

**Venue** : Seminar Hall





**Title of the Programme**: International Women's Day Celebration

**Date** : 08/03/2020

Organized by : Women Cell

Theme/ Objective : To celebrate the social, economic, cultural and political

achievements of women.

Outcome of the Activity : Honoured women for their contribution to the world

**Impact of the activity** : motivated to overcome the obstacles in life

**Number of the Beneficiaries:** 2,457

**Venue** : Multipurpose Hall

## **International Women's Day Celebration**

